

Ministry of Health Policy on Water Fluoridation

The New Zealand Ministry of Health policy on water fluoridation is:

- 1 The adjustment of fluoride to between 0.7 and 1.0 mg/L in drinking water is the most effective and efficient way of preventing dental caries in communities receiving a reticulated water supply.
- 2 The Ministry of Health recommends the continuation of water fluoridation programmes and their extension where technically feasible.
- 3 *The Drinking Water Standards for New Zealand 2005* recommend the adjustment of water fluoride to between 0.7 mg/L and 1.0 mg/L for oral health reasons.